

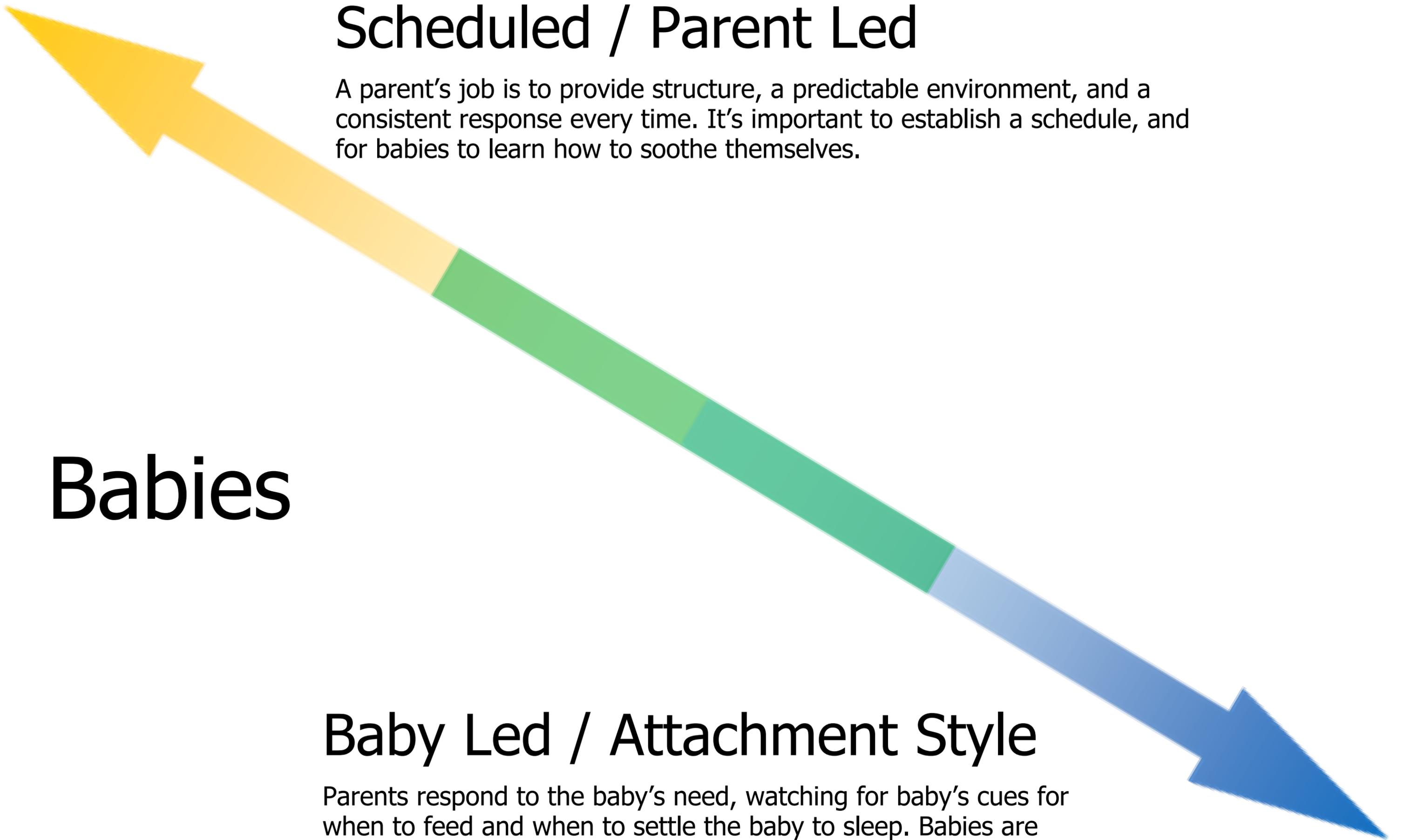
# Scheduled / Parent Led

A parent's job is to provide structure, a predictable environment, and a consistent response every time. It's important to establish a schedule, and for babies to learn how to soothe themselves.

Babies

# Baby Led / Attachment Style

Parents respond to the baby's need, watching for baby's cues for when to feed and when to settle the baby to sleep. Babies are never left to "cry it out."



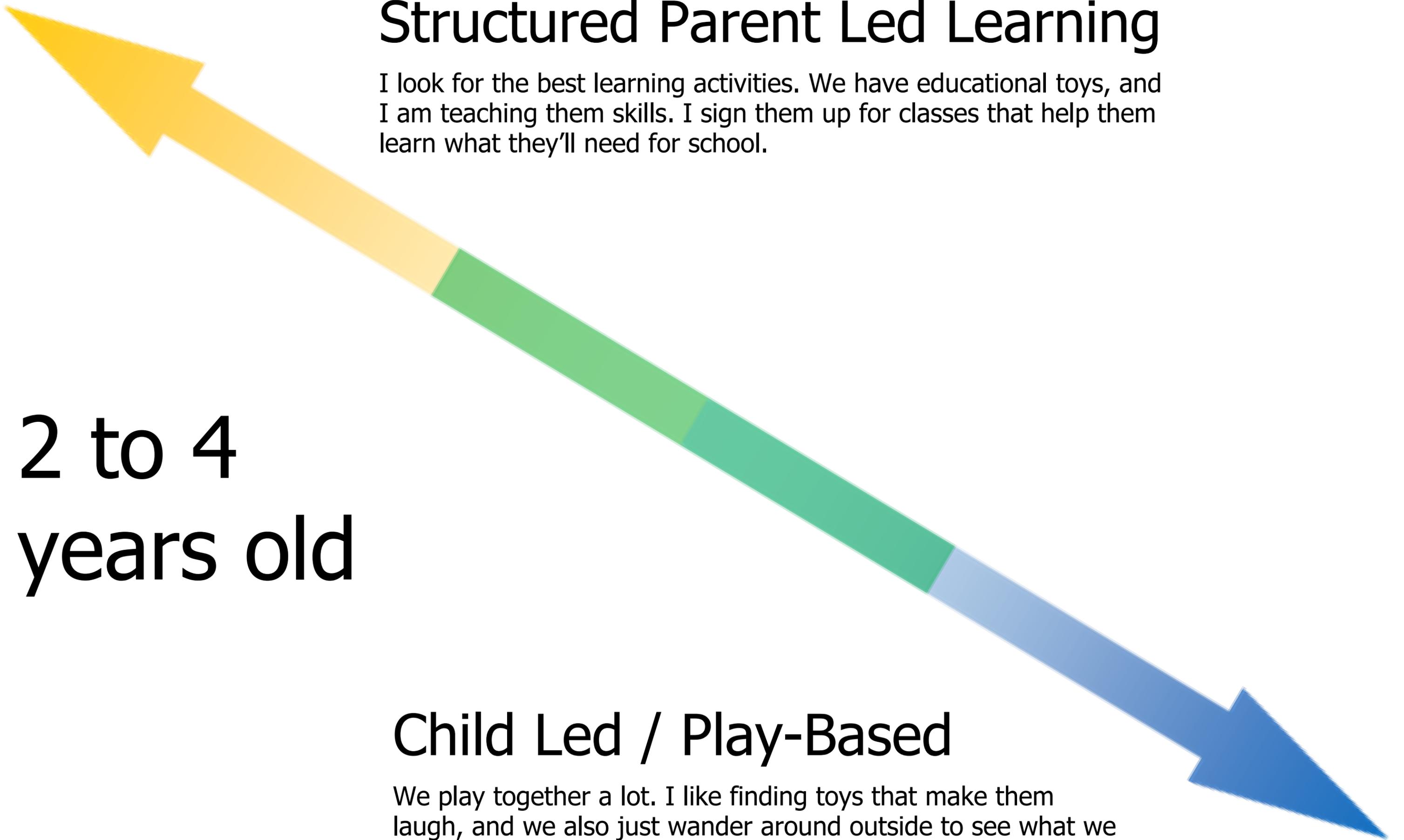
# Structured Parent Led Learning

I look for the best learning activities. We have educational toys, and I am teaching them skills. I sign them up for classes that help them learn what they'll need for school.

2 to 4  
years old

# Child Led / Play-Based

We play together a lot. I like finding toys that make them laugh, and we also just wander around outside to see what we discover. I love seeing what creative ideas they come up with.



# Close Supervision, Clear Limits

At a playground, I keep a close eye on the children, making sure everyone is following the rules to stay safe and play nicely. If they aren't listening or misbehave, we go home.

4 to 6  
years old

# Encourage Independent Exploring

I sit back and let them explore. It's OK if they climb up a slide instead of sliding down and if they try riding a trike down a steep slope. If they get in a conflict with other kids, I give them space to resolve it themselves.

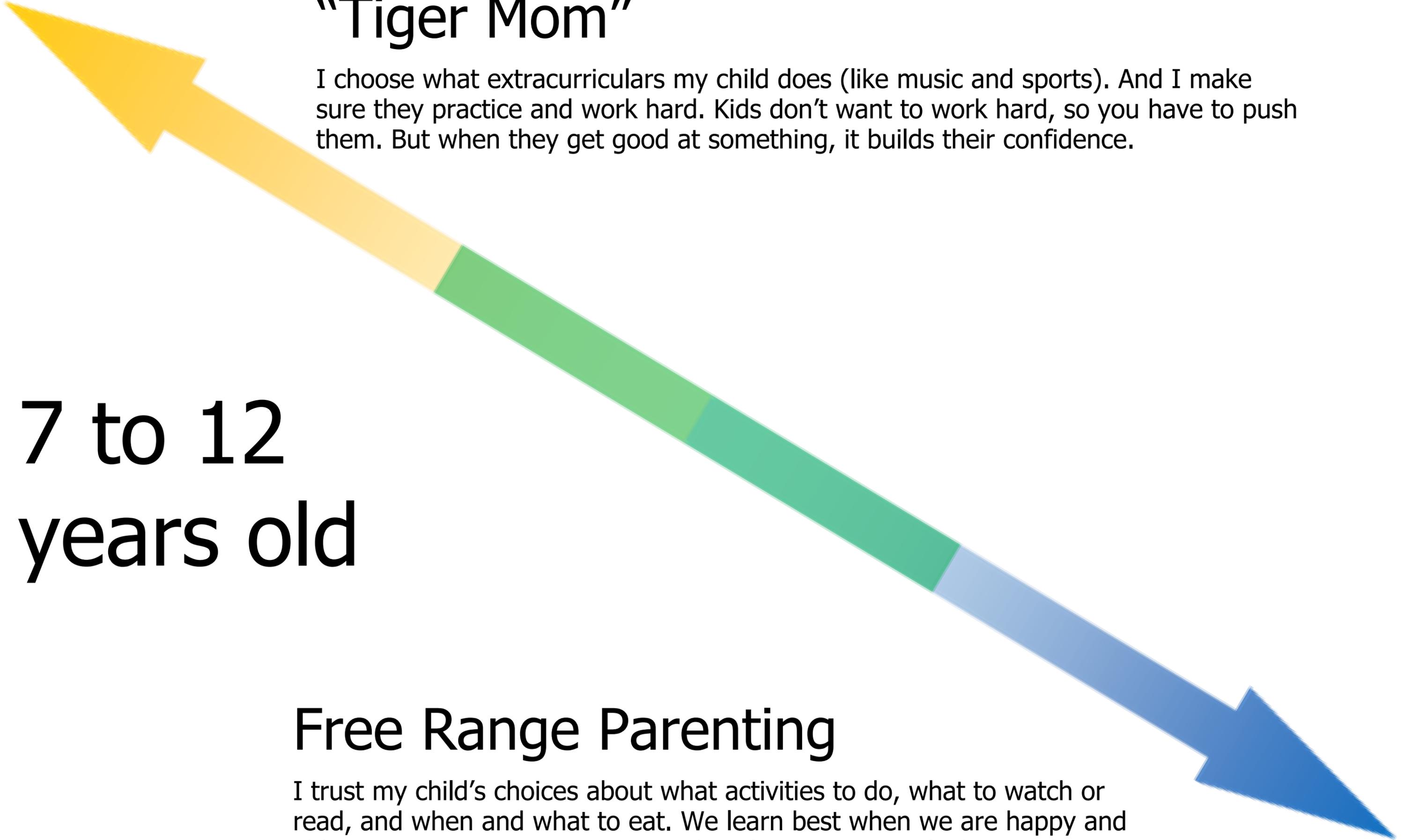
# “Tiger Mom”

I choose what extracurriculars my child does (like music and sports). And I make sure they practice and work hard. Kids don't want to work hard, so you have to push them. But when they get good at something, it builds their confidence.

7 to 12  
years old

# Free Range Parenting

I trust my child's choices about what activities to do, what to watch or read, and when and what to eat. We learn best when we are happy and able to pursue our own passion rather than someone else's agenda.



# I make the decisions, set tight limits

I know what is best for my child. If I let them make decisions, they would just play video games all day. So, I decide what their schedule is, what they can eat, what activities they do, and when/where they can spend time with friends.

## Teenagers

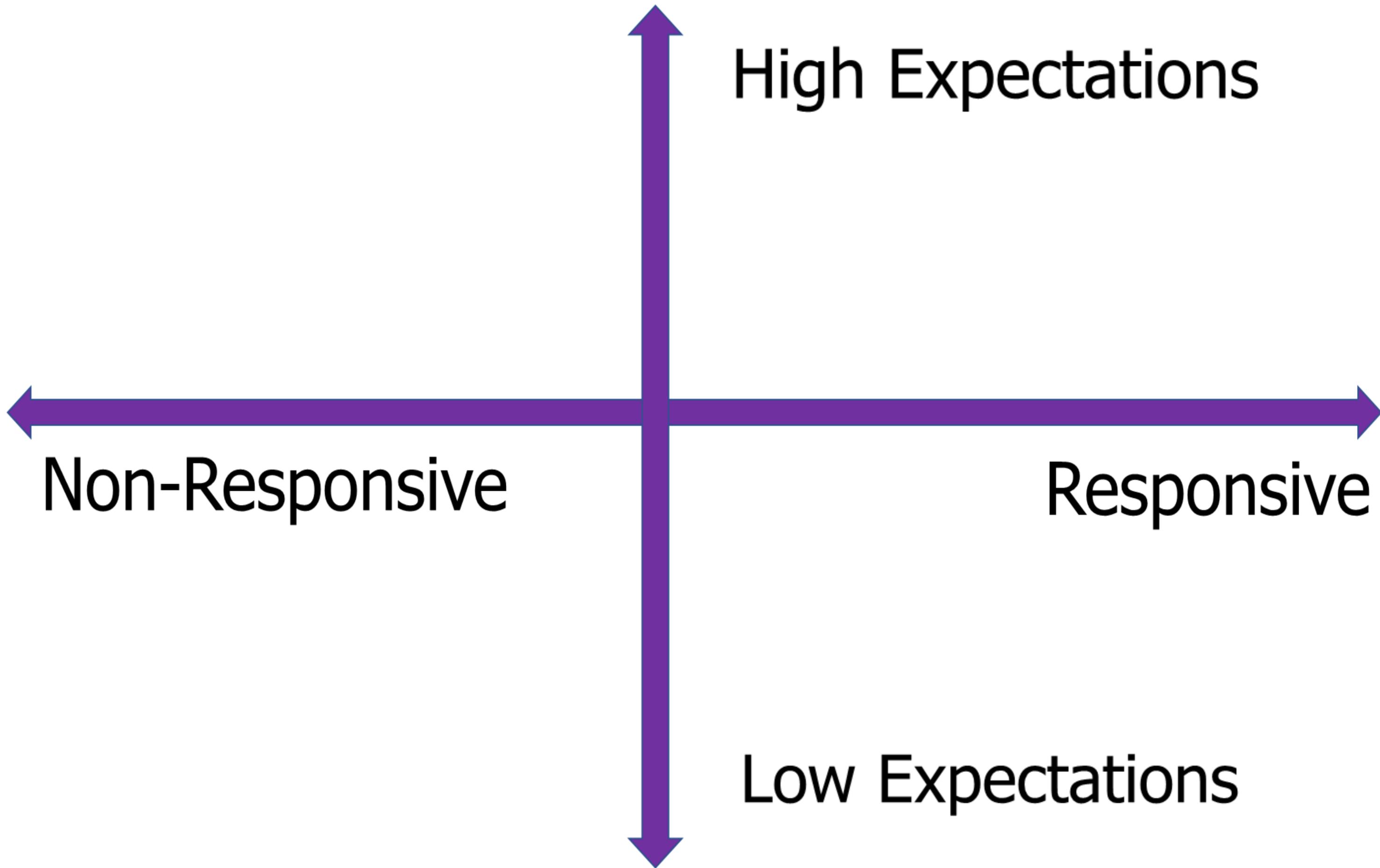
# They make the decisions, with support

I talk a lot with my kids but I let them decide things like their schedule and what to eat. As long as the decisions they are making are safe, I try to give them a lot of leeway. That includes letting them make bad decisions sometimes so they can learn from their mistakes.

Authoritarian  
The Boss

Balanced  
Friendly Boss

Permissive  
The Friend

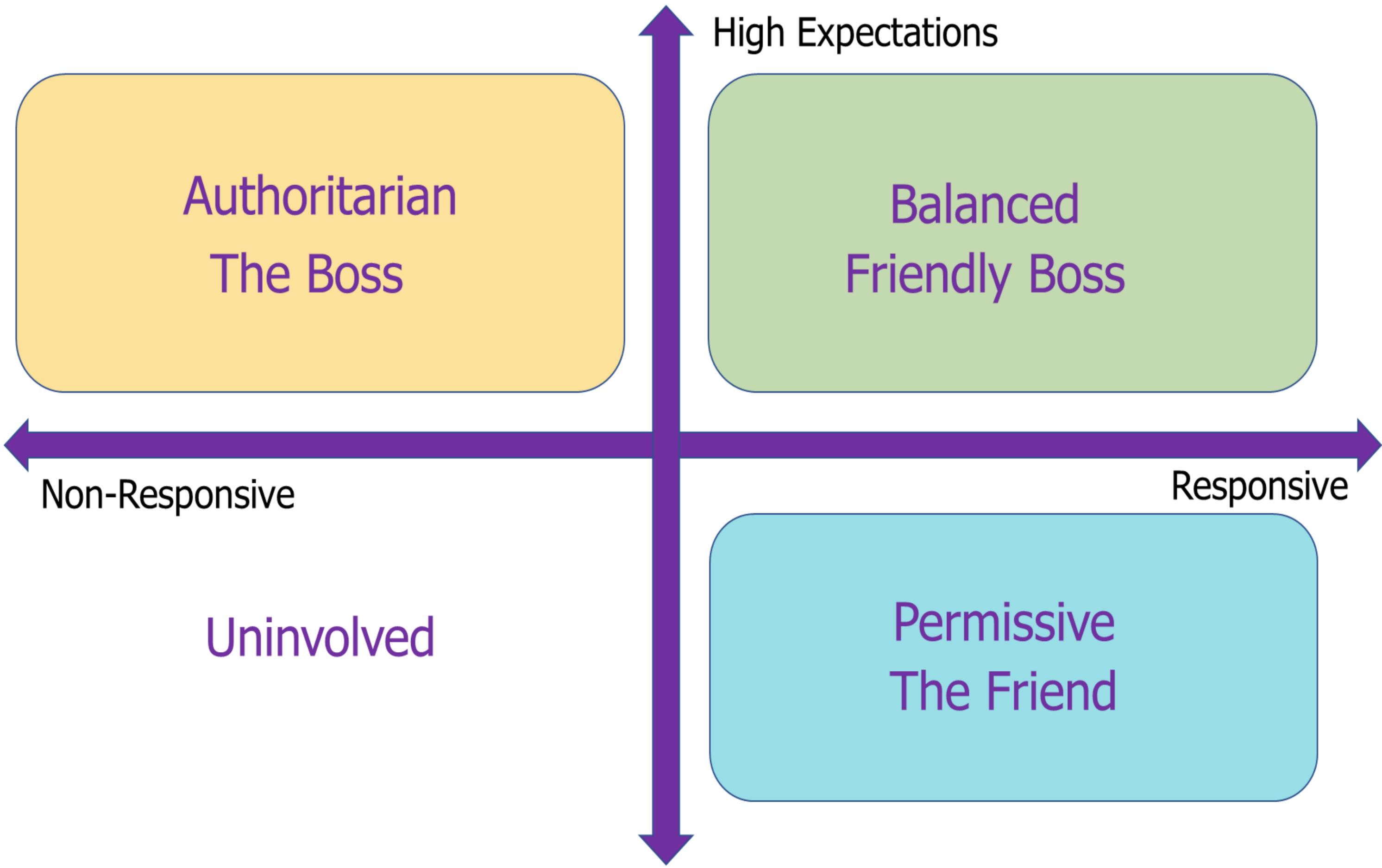


High Expectations

Non-Responsive

Responsive

Low Expectations



High Expectations

Authoritarian  
The Boss

Balanced  
Friendly Boss



Non-Responsive

Responsive

Uninvolved

Permissive  
The Friend