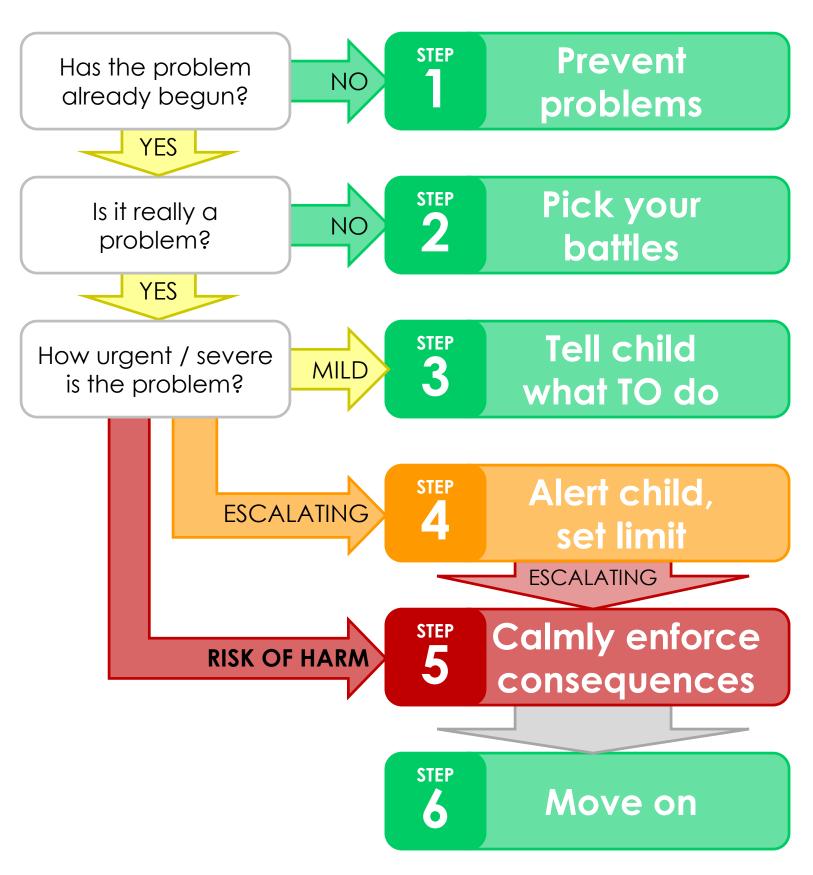
The Discipline Flowchart



Has the problem NO already begun? Yes Step 2: Pick Your Battles NO Is it really a problem? Yes How urgent/severe is MIID the problem? Escalating

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Step 1: Can you prevent problems? Ensure child is well-rested / well-fed Child friendly times & places What to expect/what's expected Routines? Transition Tools?

Think before you intervene Share thoughts... "hmm... let's think about whether it's OK to do that"

> Step 3: Tell child what TO do Connect to Correct Model, Redirect, Substitute, Offer Choices **Explain Reasons**

S Step 4: Alert child to Problem, Set Limit and Consequences Change tone of voice – be calm but firm K Be specific about what behavior is not OK / needs to change Set clear limit with clear consequences 0 F

Escalating

Step 5: Calmly enforce Consequences Remove child from situation OR Take options away from child (consistency is essential!)

Step 6: Move On

Remind child you still love them – their behavior was the problem Return child to situation or give options back when ready Make plans for how to prevent / manage in the future