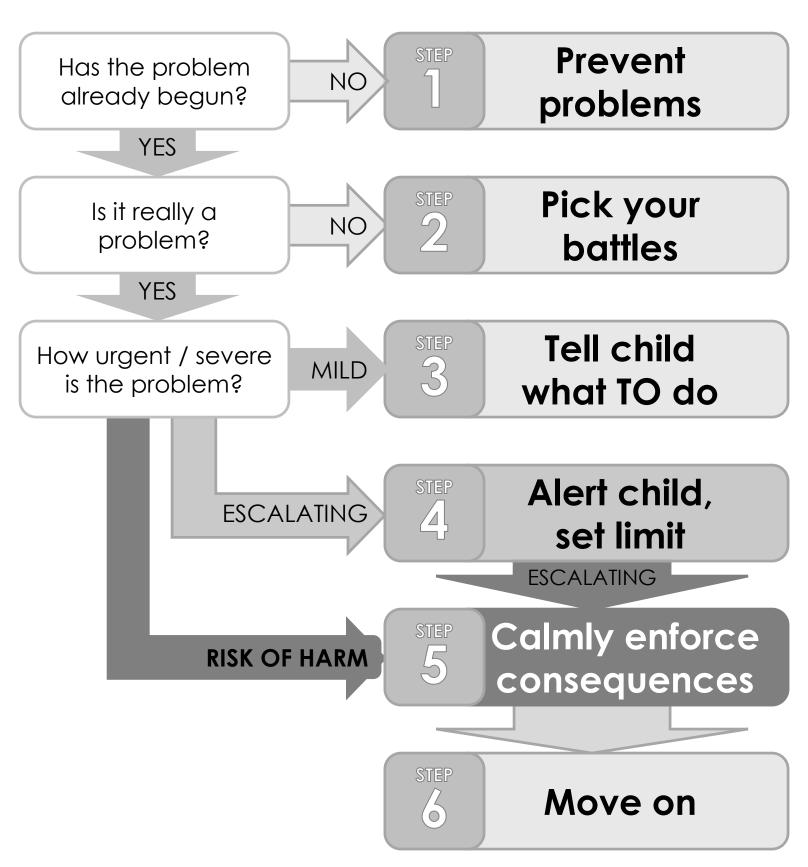
## The Discipline Flowchart



Step 1: Can you prevent problems? Has the problem Ensure child is well-rested / Well fed? NO Routines? Transition Tools? already begun? Child friendly times & places What to expect/what's expected Yes Step 2: Pick Your Battles NO Is it really a problem? Think before you intervene Share thoughts... "hmm... let's think about whether it's OK to do that" Yes Step 3: Tell child what TO do How urgent/severe is Connect to Correct MIID the problem? Model, Redirect, Substitute, Offer Choices **Explain Reasons** Escalating R S Step 4: Alert child to Problem and Set Limit / Consequences Change tone of voice - calm but firm K Let them know behavior is not OK Set clear limit with clear consequences 0 Escalating F Step 5: Calmly enforce Consequences Н

## Step 6: Move On

A

R

M

Remove child from situation OR

Take options away from child

(consistency is essential!)

Remind child you still love them – their behavior was the issue Return child to situation or give options back when ready Make plans for how to prevent / manage in the future